

Philip Helliwell MA, PhD, DM, FRCP



Dr Helliwell is currently Senior Lecturer in Rheumatology at the University of Leeds, in the UK, and Honorary Consultant Rheumatologist for the Bradford Hospitals NHS Trust.

Dr Helliwell qualified in Oxford in 1972 and worked initially in London before returning to work in his native Yorkshire in medical physics. After a period working in Australia and New Zealand he returned in 1985 to Leeds to join Prof Verna Wright and to work on psoriatic arthritis.

Previous and current appointments include:
Member of NHS R&D Research Committee on

Physical and Complex Disabilities, Member of the Executive Council, Centre for Biomechanics and Medical Engineering; Treasurer and Member of Executive Committee, Society for Back Pain Research; Member of Education Committee, Arthritis Research Campaign; and Editor for the ARC Patient Information Leaflets and Convener Publications Working Group, Member of the Heberden Committee, at the British Society for Rheumatology, Member of Council at the British Society for Rheumatology.

Dr Helliwell is a member of ASAS (Assessment of Spondyloarthropathy Society) and co-founder and President of the Group for Research and Assessment of Psoriasis and Psoriatic arthritis (GRAPPA). He established and led the CASPAR study for classification of psoriatic arthritis. He has worked with GRAPPA in developing single and composite outcome measures in psoriatic arthritis and completed the first treat to target strategy study in early psoriatic arthritis.

Dr Helliwell is co-founder and co-lead for the Bradford (University) Diploma in Rheumatology and Musculoskeletal Medicine and is an active member of the Bradford and Airedale Musculoskeletal Alliance, a tier 2 service provided to GPs in the designated geographical area.

Dr Helliwell is co-founder of the Leeds foot and ankle studies group and has published widely on foot and ankle problems in inflammatory arthritis including rheumatoid arthritis, ankylosing spondylitis and psoriatic arthritis. He has contributed to several guidelines on management of foot and ankle problems in the UK.

Current and past research in psoriatic arthritis includes treatment paradigms, clinical features and classification of psoriatic arthritis and community based studies of psoriasis and psoriatic arthritis. He has also published on biomechanics of joints, gait assessment and foot disorders in inflammatory and non-inflammatory arthritis, and epidemiology of rheumatic diseases